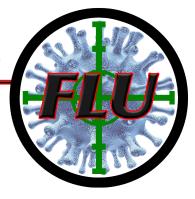


TARGETING the

IS THE FLU STILL A CONCERN?

The answer to this increasingly common question is a resounding YES. While the Covid-19 pandemic has been at the forefront of everyone's conscience, the influenza virus variants are still a threat to everyone. Peak flu season typically starts in late October, early November and runs through the following May.





WHAT IS THE FLU? AND HOW IS THE FLU SPREAD??

Flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and sometimes the lungs. It is spread from small droplets from an infected person's sneeze and/or cough. The virus can also be left on a surface and transmitted when the next person touches that surfaces with their hands, followed by their hand contacting their eyes, ears, or mouth. The flu can cause mild to severe illness, and at times lead to death.

IS IT THE FLU? OR COVID? OR JUST THE COMMON COLD?

Many people have difficulty determining whether their symptoms are a result of Covid-19, the flu, or a cold since all are respiratory illnesses. Typically, the

common cold is a milder illness than Covid or the flu. A qualified medical professional would need to run tests to accurately determine what you have. While symptoms alone can not 100% determine your exact diagnosis, some of the common differences are listed in the table to the right.



HOW TO KEEP THE FLU OUT OF YOUR FACILITY?

Can you 100% keep the flu and other viruses out of your facility? No. However, you can take proven and effective measures to limit its impact and limit its ability to spread among others and to yourself. It's just a matter of encouraging healthy behaviors from your staff, students, visitors, customers, and yourself.

- 1. A vigorous cleaning and maintenance schedule with the appropriate cleaning products. Quaternary disinfectant cleaners with extensive label kill claims are effective in greatly limiting the ability of viruses to live on surfaces. There is a wide variety of disinfectant cleaning products available from convenient ready to use products to economic concentrates, neutral cleaners safe for finished floors, quick and easy wipes, and dilution control options.
- 2. Encourage frequent hand washing and sanitation with effective hand cleaners and sanitizers. Washing one's hands is the easiest and most effective defense against contracting the flu. Clean, well-stocked restrooms, along with the placement of water-free hand sanitizers will create an environment that will promote good hand hygiene habits.
- 3. Encourage staff, students, and visitors to stay home if they are experiencing any symptoms and not return until they are completely symptom free and no longer likely to transmit their illness to others.

SYMPTOMS	COMMON COLD	SARS - CoV-2 (COVID-19)	INFLUENZA
symptom onset	gradual	2-14 days after infection	1-4 days after infection
fever	rare	100° F and above, 2-7 days	100° F and above, 3-4 days
fatigue	sometimes	common	early and prominent
cough	sometimes	possibly severe & persistent	mild, dry
sore throat	sometimes	common and often prominent	sometimes
headache	rare	common	prominent
sneezing	common	sometimes	sometimes
runny nose	common	common	common
shortness of breath	rare	common and often prominent	sometimes
body aches	slight	common	usual, often severe
diarrhea / vomiting	no	sometimes (more common with children)	sometimes (more common with children)
loss of taste / smell	no	likely	no
red, swollen eyes	no	possible	no
skin rashes	no	possible	no
chills	common	common	rare
shaking with chills	rare	sometimes	no



Target the Flu Virus with NCL World Class Cleaning & Hygiene Solutions





- Citrus Flower-Quat™
- Combat™
- Earth Sense® Neutral **Disinfectant Detergent**
- Lavender-Quat™
- Lemon-Quat™
- Mint-Quat™
- Neutra-Cide 256™
- Neutral Q™
- Pine-Quat Plus™
- Dual Blend® #9
- Dual Blend® #19
- Dual Blend® #20
- Dual Blend® #24
- Ready Set Clean® #9
- Main Squeeze™ Lavender 64

EFFECTIVE vs

H1N1 Swine Influenza A H3N2 Avian Influenza A H5N1 Avian Influenza A



EFFECTIVE vs

H1N1 Swine Influenza A H3N2 Avian Influenza A H5N1 Avian Influenza A H7N9 2013 Influenza A

NCL Wipes™



EFFECTIVE vs

H1N1 Swine Influenza A H3N2 Avian Influenza A H5N1 Avian Influenza A H5N2 Avian Influenza A

Bathroom Plus™ • Multi-Stat™



EFFECTIVE vs

Influenza A Influenza B Influenza A Hong Kong H1N1 Swine Influenza A

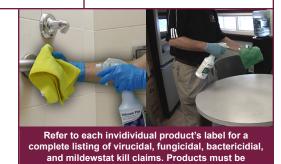
• Fortress™



EFFECTIVE vs

H1N1 Swine Influenza A H3N2 Avian Influenza A H9N2 Avian Influenza A (Turkey Wisconsin)

• Avistat-D® • Dual Blend® #8 • Micro-Chem Plus™ • Ready Set Clean® #8



used according to label instructions.

Each product listed is EPA registered.

Encourage Proper Hand Hygiene Habits!











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